SJBFC Meeting Minutes

August 21, 2014

6 adults, 1 child

Updates

**OLD BUSINESS**

**1. Art Beat**

Successful like last year.

Ask for corner shady location, non-smoking nearby

Have same spot year by year, ask to be put on map,

Balloons (check Noodle Soup for options; check costs for making our own “Lactation Station”)

Order more kids t-shirts to sell.

**2. World Breastfeeding Picnic (Aug 2)**

Over 150 people there.

Careful on parking advice.

WIC food: The fruit was popular, could have been more fruit.

NEXT TIME:

Look into donations of food from Meier or Martin’s; coordinate with Purple Porch?

Invite the media to come ahead of time.

Have photo permission forms available for those in photos.

Announce the winners of Beautiful Baby contest at the picnic (plan carefully).

Make mom t-shirts saying “Got milk” with our logo. For $5. Emmy will check.

Bookmarks

Have our logo on a sticker to give or sell and put on baby t-shirts.

Join the “Live, Latch, Love” next year. Must be registered for ahead of time (first Sat in August).

**3. Need to update La Leche League Meeting information**

**NEW BUSINESS**

1. Earth Day event (April 22). Third weekend in April. Does coalition want to participate?

2. Necklaces. This fall make necklace bags for future events. Gemma will spearhead supplies. Angie will check with a relative about safe suggestions.

Have people make their own necklace or have a pre-made bag of stuff to make a necklace (different colors).

3. Set up time to screen the movie: The Milky Way. Emmy will look into it.

4. Memorial has a new breastfeeding brochure for moms. The milkmap website is included!

5. The Milk Bank of Indiana is now just The Milk Bank. Memorial is a donation site.

6. Kirstin, please set up Google docs site for the coalition to post key documents. Darcia will put together Instructions for 4-H Booth to post there.

7. Conference at Notre Dame, Pathways to Child Flourishing, Sept 26-30, 2014.

Link to website: <http://ccf.nd.edu/symposium/>

**Here is the schedule**



LOCATION: University of Notre Dame Conference Center, McKenna Auditorium

**Part One: Nurturing Families, Flourishing Children**

Focused on Parents and Practitioners

**Friday, September 26-Sunday, September 28, 2014**

**Friday, September 26**

7:00 pm    Gathering and refreshments, an entertaining  stand-up comedy viewing of Jim Gaffigan’s “Mr. Universe.”

**Saturday, September 27**

**8:00-10:00    Life Giving: Mindful Beginnings (Preparation, Birth, Breastfeeding, Touch)**

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator

Darcia Narvaez, PhD, Psychology, Notre Dame, Moral Landscapes blog

Peggy O’ Mara, Author, Publisher, Founder Mothering.com & Peggyomara.com

Kathy Kendall-Tackett, PhD, Psychologist, IBCLC, Founder Praeclarus Press

Lysa Parker, Author, API Cofounder

**10:00 -12:00 Daily Life: Caregiving with Attachment in Mind (Responsiveness, Consistent Care, Sleep)**

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator

James McKenna, PhD, Mother-Baby Behavioral Sleep Laboratory, Notre Dame, Author

Isabelle Fox, PhD, Psychotherapist, Author *Being There: The Benefits of a Stay-At-Home Parent*

Jay Gordon, MD, Pediatrician, Author *Good Nights* and *Preventing Autism*

Janet Jendron, API Board President, former LLL board member

1**:00-2:30 pm    Changing Lives: Cherishing Parents, Flourishing Children, 20 Years of Attachment Parenting International**

*Tribute Presentation by* Sir Richard Bowlby Bt, API Advisory Board Member

*Attachment Parenting: 20 Years by* William Sears, MD, Pediatrician, Parenting Author

*Special Presentation by* Barbara Nicholson and Lysa Parker, API Co-Founders and co-authors of *Attached at the Heart* and Janet Jendron, API Board President

**3:00-5:00 pm    Life Support: Family Love, Discipline, and Balance (Positive Discipline, Balance)**

Lu Hanessian, Author, Educator, Founder WYSH - Panelist & Moderator

Martha Sears, RN, Parenting Author

William Sears, MD, Parenting Authors

Barbara Nicholson, Author, API Cofounder, co-author of *Attached at the Heart*

Mark Cummings, PhD, Psychology Notre Dame

**5:00-6:00 pm    Peer Orientation: Why Children Are Stressed, Why Parents and Teachers Are Disempowered and How To Restore a Healthy Balance in Adult-Child Relationships**

Gabor Maté, M.D., co-Author *Hold On to Your Kids*

7:30 pm    Children’s Story Time featuring *The Empathy Way* reading

8:00 pm     Entertainment and Celebration of API’s 20th Anniversary Event, McKenna Hall featuring Kennedy’s Kitchen

**Sunday, September 28, 2014**

**8:30-10:00 am    Educating Parents for Attachment**

Lu Hanessian, Author, Educator, Founder WYSH - Moderator

Barbara Nicholson and Lysa Parker with

Rebecca Thompson, Author, Founder Consciously Parenting Project Community

**10:15-12:00 pm    Community Discussion of Hot Topics and Action Plan**

Lu Hanessian, Author, Educator, Founder WYSH - Moderator

Wendy Middlemiss, PhD, Researcher, API Research Group

Art Yuen, API Knowledgebase Coordinator

Cherishing Families, Flourishing Children Panelists

**Part Two: Contexts for Development and Child Flourishing**

*Focused on Research*

September 28-30, 2014

**SUNDAY, September 28, 2014**

100-130 Welcome and introduction, Darcia Narvaez

130-230 *The Biology of Trauma and Recovery by* [Bruce Perry](http://childtrauma.org/about-childtrauma-academy/cta-leadership/)

230-330 pm*Culture, Community and Context in Child Development* by [Joshua Sparrow](http://www.brazeltontouchpoints.org/about/who-we-are/joshua-d-sparrow-md/)

330-430 *How Early Life Builds Cognition and Emotional Intelligence* by[Stuart HYPERLINK "http://www.self-regulation.ca/about-us/who-we-are/"Shanker](http://www.self-regulation.ca/about-us/who-we-are/)

430-530 *Moral, Ethical and Responsive Care for Wellbeing in Family-Centered Infant Toddler Programs* by [Mary McMullen](http://portal.education.indiana.edu/ProfilePlaceHolder/tabid/6210/Default.aspx?u=mmcmulle)

530-7 WELCOME RECEPTION, POSTERS

7 pm *The Parental Brain – Regulation of Mother and Father Behavior that Influences Infant Development* by [James Swain](http://www.chgd.umich.edu/people/swain-james-edward-md)

8 pm *Societal Contexts for Family Relations: Tradition, Violence and Stress* by [Riane Eisler](http://www.rianeeisler.com/)

**MONDAY, September 29, 2014**

830-930 *The Benefits of Marital Conflict: Constructiveness and Resolution as Predictors of Positive Child Outcomes* by [Mark Cummings](http://psychology.nd.edu/faculty/faculty-by-alpha/e-mark-cummings/)

930-1030 *The Role of Human Milk in Child Development: Short and Long Term Lactational Programming* by [Elizabeth Anne (EA) Quinn](http://anthropology.artsci.wustl.edu/quinn_ea)

1030-1130 *Parenting, Attachment, and the Development of Emotion Regulation* by [Julia Braungart-Rieker](http://psychology.nd.edu/faculty/faculty-by-alpha/julie-m-braungart-rieker/)

1130-1230 *Preserving Child Flourishing after Exposure to Trauma: Women’s Perceptions of the Adequacy of Community Supports* by [Laura Miller](http://psychology.nd.edu/faculty/faculty-by-alpha/laura-miller/)

130-230 *Becoming an Older Sibling: Cooperative Caregiving and Conflict among young Children in Central Africa* by [Hillary HYPERLINK "http://cfs.utk.edu/people/faculty/fouts/"Fouts](http://cfs.utk.edu/people/faculty/fouts/)

230-330 *What Kin Counts? Child Growth & Development in Jamaica* by [Robin Nelson](https://sites.google.com/site/rgairnelson/)

330-430 *Risk and Protective Influences on At-Risk Children’s Development and Well-Being* by

[Holly HYPERLINK "http://hdfs.msu.edu/people/faculty/brophy-herb-holly-e-phd"Brophy HYPERLINK "http://hdfs.msu.edu/people/faculty/brophy-herb-holly-e-phd"-Herb](http://hdfs.msu.edu/people/faculty/brophy-herb-holly-e-phd)

430-500 DISCUSSION

7:30 *Learning To Trust: Applying Attachment Theory to the Elementary School Classroom*

[Marilyn Watson](http://csee.org/authors/64)

**TUESDAY, September 30, 2014**

830-930 *Synchrony: A Neurobiological Attribute of the Social Human* by [Ruth Feldman](http://medicine.yale.edu/childstudy/faculty_people/RF97.profile)

930-1030 *The Circle of Attachments and the Importance of Play* by [Colwyn HYPERLINK "http://www.pmarc.ed.ac.uk/people/colwyntrevarthen.html" HYPERLINK "http://www.pmarc.ed.ac.uk/people/colwyntrevarthen.html"Trevarthen](http://www.pmarc.ed.ac.uk/people/colwyntrevarthen.html)

1030-1130 *The Socioendrocrinology of Parenthood: Evolution, Culture, and Development* by [Lee Gettler](http://anthropology.nd.edu/faculty-and-staff/faculty-by-alpha/lee-gettler/)

1130-1230 *Nature and Nurture:  Genetic and Parental Contributions to Social and Emotional Traits* by [Sarina HYPERLINK "http://sarinasaturn.com/" Saturn](http://sarinasaturn.com/)

130-230 *The Emergence of “Positive Parenting” as a New Paradigm: Theory, Processes and Evidence by* [George Holden](http://www.smu.edu/Dedman/Academics/Departments/Psychology/People/FACULTYDIRECTORY/HoldenG)

230-330 *Fulfilling the Promise: Interventions to Promote Children’s Healthy Development* by

[Paul H. HYPERLINK "http://profiles.uconn.edu/ProfileDetails.aspx?Person=33"Dworkin](http://profiles.uconn.edu/ProfileDetails.aspx?Person=33)

330-400 DISCUSSION